

TELLES

Sofia Pamplona

Partner

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Main Areas of Practice

- Labour and Social Security

Professional Curriculum

- **Partner at TELLES since 2022**
- Associate at TELLES (2001-2021)
- Trainee at TELLES (1999 - 2001)

Academic Curriculum

- Postgraduate Studies in Labour Law, Universidade Católica Portuguesa, Porto (2009)
- Admitted to the Portuguese Bar Association (2001)
- Law Degree, Universidade Católica Portuguesa, Porto (1999)

Languages

Portuguese, English, French and Spanish

